



Suncadia homes offer a wilderness setting with resort amenities

below. "The culture at Trace is very creative," says Edward Krigsman, founder of the ek Real Estate Group. "Many people who live there have found common causes and have bonded and are organizing social events." Trace resident Matt Goyer notes that knowing his neighbors has made it easier to talk with them about issues going on in the building. And with the ice broken, many keep in touch via the Internet.

ACTIVE ADULT COMMUNITIES

Baby boomers are getting older, but they aren't slowing down. The newest 55-and-older housing options are active environments with the feel of exclusive health and social clubs.

Trilogy at Redmond Ridge

Redmond, 23215 NE Greens Crossing Road > In this community of traditionally styled two- and three-bedroom homes, surrounded by approximately 500 acres of open space, the philosophy of "wellness, exploration and connection" means a variety of activities, including a Harley Davidson Motorcycle Club and classes through the University of Washington extension campus. Trilogy also has a cybercafé, hiking club, tai chi club and dance classes.

Mirabella

South Lake Union, 1916 Boren Avenue; mirabellaretirement.org/seattle > Sched-

uled to open downtown in late 2008, the Mirabella bills itself as the retirement community of the future. What does that future include? A wine-tasting room, business center, art studio, game room, indoor saltwater swimming pool, woodworking shop, wellness clinic and a penthouse dining room. Mirabella will feature independent apartments as well as assisted living and nursing units.

The Bellettini

Bellevue, 1115 108th Ave. NE; thebellettini.com > In this luxury apartment building for active seniors, amenities include a personal concierge, a "brain fitness center" that offers a series of computer exercises aimed at improving cognition and memory, and a full-service travel agency.

RESORT COMMUNITIES

For some, an in-city house is enough of an oasis. Others need to get a little farther away. That's what resort communities are for. Two new resorts are within a two-hour drive of Seattle.

Suncadia

Cle Elum, 3600 Suncadia Trail; suncadiaresort.com > Purchase a room in the lodge, or buy a piece of land or a finished home (prices range from \$250,000 for land up to \$3.6 million for a home). An \$8 million spa, opening this month, will feature outdoor mineral pools and indoor/outdoor massages. Play a round of golf or work out at the swim and fitness facility. Lodgers will also have access to room service, a fiber-optic Internet connection and a concierge to set up onsite adventures, such as dog-sledding in the winter and horseback riding in the summer.

Seabrook

One mile south of Pacific Beach on State Route 109; seabrookwa.com > This new community on the Washington coast offers vacation cottages for purchase and rental. A pedestrian-oriented, dog-friendly community with beach access, bikes and flip-flops are "the preferred mode of transportation." With more amenities on the way, Seabrook also has community fire pits and a café/wine bar.